

JULY 2010

Dojo Closed for Canada Day + Summer Holiday Closure - Thursday July 1st - July 12th

The dojo will be closed for Canada Day as well as the week following for our staff to take a well deserved break! Classes will resume on Tuesday the 12th of July. Enjoy your holidays too!

Day Time Karate Classes Start

A day time Mixed Jr. Karate Class starts on Monday July 12th and will continue on Mondays and Wednesdays throughout July and August. This class is for YBC, BBC, and SWAT junior members only. Get your copy of our Summer Dojo Class Schedule on your next visit to the dojo or by downloading it online at www.barriekarate.com.

Summer Spectacular & Summer Class Schedule Starts - WATER BALLOON WEEK

At the end of every Jr. class for the week of July 12th through the 17th, students will get the opportunity to soak the instructor with a WATER BALLOON! One water balloon per student, per class attended. This means if you want to throw more water balloons, you have to attend more classes this week. Parents should stand back as some of the throws can get wild! Weather permitting, & please pick up your balloon pieces.

Summer Spectacular - TREAT WEEK & STREET CLOTHES WEEK

The week of July 19-24th is TREAT WEEK. Students will receive a FREE popsicle following their class this week.

The week of July 26th-28th feel free to wear your street clothes to train. This week we will focus on age appropriate SELF-DEFENSE

Sign up for Summer Camp!!

We need to know what YOU WANT! If you would like to have a summer karate camp in August, we need to know. Please sign up on the sheet below the notice board if you would attend the camp. This is a great week of intense fun at the dojo from August 16th to 20th. Students will get class credit for attendance this week. Our regular summer class schedule will be in effect for this week as well. A minimum number of participants is required for camp to take place so be sure to sign up if you are interested!

Grading Preparation

To ensure that everyone feels prepared for their upcoming grading, we will be offering additional private class times on Thursday July 29th. A sign up sheet will be posted by the white board. Be sure to sign up soon to guarantee your session and time.

DOJO CLOSED for Civic Long Weekend! - Friday July 30th through Monday August 2nd

Weapons Training This Month:

Bo Staff - Bo Basics & Bo Kata

Option 1 - \$40 for a 4 week program

Option 2 - \$60 includes 1 Bo Staff

Option 3 - \$15 per class (Personal Bo Required \$29.99)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 DOJO CLOSED CANADA DAY	2 DOJO CLOSED Holiday	3
4	5	6	7	8	9	10
Dojo Summer Week Closure						
11	12 WATER BALLOONS Summer Day Classes Start	13 WATER BALLOONS	14 WATER BALLOONS	15 WATER BALLOONS	16	17 WATER BALLOONS
18	19 POPSICLE DAY	20 POPSICLE DAY	21 POPSICLE DAY	22 POPSICLE DAY	23	24 POPSICLE DAY
25	26 STREET CLOTHES	27 STREET CLOTHES	28 STREET CLOTHES	29	30 DOJO CLOSED - Civic Holiday Weekend CLASSES RESUME ON Tuesday Aug. 3rd	31